



## MATERIALS - makes 10

- 2 Cups Bicarb Soda
- 1 Cup Citric Acid
- 1 Cup Epsom Salts
- 1 ½ tb Light Olive Oil or Coconut Oil
- 1/2 tsp Essential Oil
- Food Colouring - Optional
- Pot Pourri or Flavoured Tea Bags
- Water in a spray bottle
- 2 Flowers and Hearts #EE Mould
- Disposable Gloves

Roberts Flowers & Hearts  
Mould #EE



### Step 1

Sift Bicarb Soda and Citric Acid into a glass bowl.  
Add Epsom Salts. Mix well.

### Step 2

In a small dish mix Olive Oil and Essential Oil. Add Oil mix to the dry ingredients 1 tsp at a time. Wearing disposable gloves rub the mixture between your hands to disperse oils evenly.

### Step 3

Add 2 drops of food colouring at a time until the desired colour is reached. Be careful not to over colour. Colour will darken over time.

### Step 4

Sprinkle a small amount of Pot Pourri or flavoured Tea Bag contents into the bottom of each mould. Alternatively add to the mix.

### Step 5

Moisten the mix with spritz of water.

Wearing disposable gloves, mix well, rubbing ingredients together.

Be careful not to add too much water at a time or the mix will begin to fizz.

Squeeze a small amount of mix in your hands. It should hold together.

If the mix is dry and crumbly add a little more water.

### Step 6

Press mix firmly into each mould cavity. Leave to set for 15 - 20 min.

Carefully remove from the mould.

Place onto paper towel to dry.



Give Bath Bombs as a  
gift in a clear bag!

